

Yoga with Kelly Carver, RYT

www.yogaladyonline.com

August 2008 Small Group Yoga Schedule

| MON | TUE | WED | THU | FRI | SAT |
|--------------------------|------------------------------|-----------------------------|----------------------------------|----------------------------------|---|
| | 9:30-10:30 am Gentle Yoga | 9:30-10:30 am Yoga One | 9:30-10:30 am Gentle/Yoga One | 9:30-10:30 am Gentle/Yoga One | 8:45-10:00 am Yoga Two 10:15-11:15 am Yoga One |
| 7:00-8:00 pm Yoga One | 6:00-7:15 pm Yoga Two | 7:00-8:00 pm Gentle Yoga | 7:00-8:00 pm Yoga One | | |

~ Class Rate Information ~

"Drop-Ins"

\$10 for 60-minute classes - \$12 for 75-minute classes

"Pick-Six Monthly Pass"

Combine any six classes at
\$8.50 per 60-minute class and \$10 per 75-minute class

"Unlimited Monthly Pass"

\$80 for unlimited small group classes

*** 15% discount for household family members***

~ August News ~

Yoga Beach Retreat at Ocean Isle Beach, NC
August 14-17 (Hurricane Dates: 09/25-09/28)

Suggested donation for retreat is \$125

Only ONE space left!

Details are posted at
www.yogaladyonline.com on the "News" page.

Class Cancellations

August 14-16 classes canceled

***** Please reserve your space in advance for all classes. Thanks! *****